

**University of the Philippines
College of Social Sciences**

Name _____
AY and Semester Admitted _____

Student No. _____

Bachelor of Physical Education (BPE)

2025 Curriculum, Approved during the 1401st BOR Meeting on 26 June 2025

Study Plan 

Effective First Semester, AY 2025-2026

Third Year, First Semester				
	Course Code	Course Title	Units	Prerequisites
Major	EDFD 116	Educational Psychology	3	
Core	SS 140	Exercise Physiology I	3	SS 102, SS 103
Core	SS 151	Biomechanics 1	3	SS 102, SS 103
Elective (Dance)	PEd 153.1	Basic Ballroom Dance	3	PEd 91
GE Elective 1:	Soc Sci 2	Social, Economic, and Political Thought	3	
GE Elective 2:	CW 10	Creative Writing for Beginners	3	
GE Core 6:	STS 1	Science, Technology, and Society	3	
Total			21	

Third Year, Second Semester				
	Course Code	Course Title	Units	Prerequisites
Major	PEd 180	Introduction to Adapted Physical Education	3	SS 140
Core	SS 150	Acquisition of Motor Skills	3	
Core	SS 152	Biomechanics II	3	SS 151
Free Elective	Psych 101	Introduction to Psychology	3	
Free Elective	Philo 171	ETHICS	3	
GE Core 7:	Science 11	Living Systems, Concepts, and Dynamics	3	
GE Elective 3:	WIKA 1	Wika, Kultura, at Lipunan	3	
Total			21	

Fourth Year, First Semester				
	Course Code	Course Title	Units	Prerequisites
Major	PEd 190	Management of Sports and Recreation-related Services	3	
Core	SS 171	Prevention and Management of Human Movement-Related Injuries	3	SS 140, SS 152
Core	SS 191	Principles of Coaching	3	
Major	PEd 194	Method and Strategies in Physical Education	3	
GE Core 8:	SAS 1	Self and Society	3	
GE Elective 4:	Philo 30	Philosophy of Technology	3	
Total			18	

Fourth Year, Second Semester				
	Course Code	Course Title	Units	Prerequisites
Major	PEd 197	Student Teaching in Physical Education	6	PEd 194
Major	PEd 94	Administration and Supervision of Physical Education	3	
Core	SS 170	Methods of Physical Conditioning	3	
Free Elective	Anthro 181	Social Anthropology	3	
Elective (sports)	PEd 132.1	Basic Gymnastics	3	
Total			18	